



HOW TO ACTIVATE YOUR INNER ACTIVIST

INTRODUCTION

GENERATION REBELLION: BECOMING AN ACTIVIST

This notebook has grown out of intergenerational arts projects looking at the Climate & Ecological Emergency from a global and a local perspective.

From September – December 2021 young women from Mulberry School for Girls and older women from London met weekly with artists Sue Mayo and Maz Koshika to share perspectives and create artworks. Together they demonstrated how generations can learn from and support each other to tackle the climate crisis. One group looked at global activism, presenting their views at international climate conference, COP26. The second group explored how to mobilise action in their local community. Both groups wanted to speak truth to power.



HOW TO USE THIS BOOK

This little book is an encouragement to you to get involved. We discovered that the best thing is to join with others, and even better with someone of a different age. That way, you learn more, do more, and feel stronger.

There are some ideas, some questions and some prompts to help you. We all need to take action!

Use the blank pages to do drawings, take notes, and set yourself some challenges, as well as to dream about a future that is fairer for us, and our world.



What action am I going to take today/ this month/in the future?

Choose simple achievable tasks as well as
ambitious ones

Actions today

Actions this month

Actions for the future

10,000 items of clothing
are sent to landfill
every 5 minutes



It's harder alone. Who can I join with? How do I find my community?

What groups already exist? Could I start something in
my school, interest group, faith community or club?



Feeling
isolated



What would my world look like if we achieved Climate Justice?

Write or draw your responses – dreaming the perfect future is allowed!



Lack of knowledge

What is your role?

The movement needs many roles; artists to make posters and flags, educators to teach people, cooks to feed everyone, protesters, organisers, the list goes on! Think about your interests and skills and write down what your role could be.



1/3 of food produced globally goes to waste

Who are the inspiring leaders and role models?

Look out for the local heroes and the unsung role models as well as the famous ones



Racism and Sexism steal our voices



DON'T KNOW WHERE TO START?

Finding a group in your local area is a great place to begin your journey. Think about what kind of climate justice group you are interested in joining. Is it one that focuses on pollution, or food waste, or local councils and policy?

Ask people you know, search on social media or use search engine 'Ecosia'* (e.g. type in 'community garden + the area you live').

Here are some examples of bigger environmental groups that exist in the UK, some of which have local branches across the country:

- **Black Environmental Initiative**
- **Campaign Against Climate Change**
- **COP26 Coalition**
- **Extinction Rebellion**
- **Greenpeace**
- **Green New Deal Rising**
- **Mums for Lungs**
- **Women's Environmental Network**
- **Wretched of the Earth**
- **UK Youth Climate Coalition**

*The search engine that plants trees!

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Generation Rebellion is a Magic Me project, in partnership with Mulberry School for Girls.

Magic Me is the UK's leading intergenerational arts charity, uniting generations to build stronger communities and pioneering intergenerational arts practices that disrupt perceptions of ageing.

Generation Rebellion builds on our long history of projects reflecting on women's history, lives and futures.

For more information visit www.magicme.co.uk





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Talk less, more action!

**Be vigilant - make sure they keep
their promises!**

**Be brave, be an activist,
be strong, be steadfast!**

From a poem by Sarah Salem